

THE MAYFAIR NEWS

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BUILDING COMMUNITY FOR 65 YEARS

Mayfair Realty

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Monday-Saturday 10AM-5PM

TURKEY TRAIN

Wednesday, September 30th 9:30AM - 7:30PM

The people have spoken, and we're doing it again! The Mayfair Mavericks are heading back to the Winnepesaukee "Turkey Train" in Meredith, NH — and this one is sure to be a highlight of the season. Get ready for a perfect fall day trip filled with stunning scenery, great company, and delicious food!

We'll kick off the day with a scenic drive north to Meredith, NH, where we'll board the "Turkey Train" at the Hobo Railroad. Sit back, relax, and take in the beautiful New Hampshire countryside on this two-hour train ride — all while enjoying a full turkey dinner with ALL the fixings, courtesy of Hart's Turkey Farm.

After lunch, we'll make our way to the charming Moulton Farm, nestled in the heart of the Lakes Region. This working farm dates back to the 1890s and practices sustainable agriculture, bringing you the freshest fruits and vegetables around. You'll have free time to explore the farm stand, garden center, and bakery.

Bloom Bus Tours will pick us up in front of the Mayfair office at 6 Putnam Road at 9:30AM, with an anticipated return of 7:30PM. Discounted tickets are \$135 P/P and include the coach ride, Turkey Train, and dinner. Friends and family are welcome. Please stop by the office to sign up and pay no later than August 30th.

POOLSIDE GATHERINGS

Hillcrest Pool - Friday July 17th @ 6PM -&-

Putnam Pool - Putnam Pool @ 6PM

Get ready for some fun in the sun! Residents from all three villages are invited to gather for a laid-back, resident-driven potluck — planned by you, for you!

Just bring your favorite dish and/or soft drinks to share, pull up a chair, and enjoy good food and even better company. Whether you're looking to meet new neighbors or catch up with familiar faces, this is the perfect setting to relax, laugh, and connect. There's nothing quite like sharing a meal together by the pool on a beautiful summer evening!

Please keep in mind that the pool closes at dusk, so plan accordingly. We can't wait to see our residents come together!

HEALING MESSAGES FROM ABOVE WITH CANDACE DALTON

Thursday, October 22nd 6:30PM

Join us for a truly unique evening as we welcome internationally renowned Medium Candace Dalton to Mayfair!

Candace has spent over 15 years bringing comfort and healing to thousands through her gift of communicating with those who have crossed over. With a warm heart, a light sense of humor, and an extraordinary ability to connect Heaven to Earth, she delivers precise messages and validations that bring hope, peace, and healing. Candace has been featured on the Ricki Lake Show, the Style Network, and her podcast, The Healing Grace, has been downloaded over 165,000 times and heard in 55 countries.

This intimate evening is designed for adults 18 and older and is open to residents, friends, and family. Whether you are seeking a connection with a loved one or simply curious, all are welcome. Please note that attendance does not guarantee a specific loved one will come through — but many guests find the experience deeply moving and meaningful regardless.

Doors open at 6:15 PM — please arrive early, as doors will close promptly at 7:00 PM and we are unable to admit anyone once closed.

Tickets are \$60 per person and spaces are limited. Please stop by the office or give us a call to reserve your spot and submit payment. Don't wait!

OPEN MIC NIGHT

Thursday, September 10th - 7PM @ Hillcrest Clubhouse

Open Mic Night is coming to Mayfair — and we have YOU to thank for it!

This was a resident request, and we are so happy to make it happen. Open Mic Night is your chance to step into the spotlight and share your talents with your neighbors in a fun, supportive, and welcoming setting.

We want to see and hear it all — singers, songwriters, comedians, poets, storytellers, musicians, impressionists, spoken word artists, and anyone else with something to share. If you've got a talent, this is your stage!

Each performer will have up to 8 minutes on the mic, so start thinking about what you'd like to share. Whether you're a seasoned performer or a first-timer, all are welcome and all will be celebrated. This is about fun, connection, and discovering the amazing talents right here in our own community.

Not performing? Come out and cheer on your neighbors — a great audience makes for a great show!

Please call the office to sign up no later than August 31st and let us know whether you'll be attending or taking the stage. We can't wait to see what this fabulous community has in store!

EAR ACCUPUNCTURE & SEEDING WITH JENNY BRANCO WELLNESS

Friday, November 6th - 6:30PM @ Hillcrest Clubhouse

We are so excited to kick off our Mayfair Wellness Series with a truly unique and relaxing experience right here in the Hillcrest Village Clubhouse. Join us for an evening of ear acupuncture and ear seeding.

Feeling stressed, overwhelmed, exhausted, wired-but-tired, struggling with sleep, tension, headaches, digestion, hormone changes, or simply feeling "off" in your body?

Join Jenny Branco, BSN, RN, IHP, AAT, for a deeply restorative wellness experience designed to help your body shift out of stress mode and into a calmer, more regulated state. Ear acupuncture uses specific points on the ear to communicate directly with the nervous system, helping the body release tension, improve resilience to stress, support emotional balance, and promote a greater sense of calm and wellbeing. Many participants notice softer muscles, deeper breathing, a quieter mind, improved mood, and better sleep following treatment.

In addition to full ear acupuncture sessions, attendees will also have the option to receive customized ear seeds. Ear seeds are tiny beads placed on specific points of the ear that continue providing gentle stimulation for several days after your visit. With more than 200 points available on the ear, protocols can be tailored to support concerns such as stress, sleep, energy, cravings, digestion, headaches, neck and shoulder tension, emotional balance, focus, hormonal symptoms, and more.

Jenny combines her background in conventional healthcare, Functional Medicine, and nervous system-focused wellness to create personalized experiences that help clients feel supported, cared for, and empowered in their healing journey.

Residents and their friends and family are welcome to choose from two options:

Ear Acupuncture + Ear Seeding — \$75 per person (limited to 11 participants, begins at 6:30 PM)

Ear Seeding Only — \$35 per person (no limit, begins at 7:00 PM)

Whether you're looking for a moment of calm, relief from persistent symptoms, or a simple way to support your overall wellbeing, this is an experience you won't want to miss.

Please stop in our office or give us a call to sign up and pay no later than October 26th. We expect to sell out of both services, so we encourage you not to wait to sign up.

THE GREAT GATSBY

Sunday, November 8th - 6:30PM @ PPAC

Get ready to step back into the glamour and excess of the Jazz Age! The Tony Award-winning Broadway musical *The Great Gatsby* is coming to the Providence Performing Arts Center, and it promises to be an unforgettable night of theater.

Based on the classic American novel by F. Scott Fitzgerald, this stunning new musical takes audiences on an unforgettable journey of love, wealth, and tragedy, bringing the Roaring Twenties to life on stage. Directed by Marc Bruni (*Beautiful: The Carole King Musical*), the production features choreography by Dominique Kelley (*So You Think You Can Dance*), a book by Kait Kerrigan, and a jazz- and pop-influenced original score by Jason Howland and Nathan Tysen.

This Broadway extravaganza explodes with life and energy — a spectacle of dazzling costumes, electrifying performances, and a score that will have you on your feet. Whether you're a longtime fan of Fitzgerald's novel or new to the story, this production is not to be missed. Friends and family are welcome, so bring the whole crew!

We've obtained a block of deeply discounted tickets at just \$40.50P / P. Friends and family are welcome. Please sign up and pay no later than September 24th. If there is enough interest, we will look to organize a carpool for those attending — so let us know if you'd like to join in, and if you can drive.

'Twas the Night Before...

by Cirque Du Soleil

Sunday, November 29th - 6:30PM @ PPAC

The Mayfair Mavericks are heading to the Providence Performing Arts Center for a truly magical holiday evening — and this one is extra special! 'Twas the Night Before... marks Cirque du Soleil's very first appearance at PPAC, and we are thrilled to be attending!

The show follows young Isabella, who begins to feel like she has outgrown her cherished family Christmas tradition. What follows is a breathtaking journey as the beloved poem "A Visit from Saint Nicholas" springs to life in a dazzling mix of acrobatics, high-energy dance, and heartwarming holiday cheer — from mesmerizing aerial acts and daring hoop diving to gravity-defying hair suspension. The production features a cast of 26 artists from around the world, alongside a soundtrack of Christmas favorites reimaged by Cirque du Soleil.

We have secured a block of 20 discounted tickets at just \$48.50 per person — an incredible value for a world-class show. Please stop in the office or call us to sign up and pay no later than October 15th. Friends and family are welcome to join us for this unforgettable night of wonder and holiday magic. Please stop by the office, or call us to sign up and submit payment.

COFFEE CONNECTION

Exciting News — Coffee Connection is Going Monthly!

Based on your feedback, we are thrilled to announce that starting in August, Coffee Connection will be held every month! What began as a bi-monthly tradition will now be a monthly gathering the second Wednesday of each month at 9:30AM in the Hillcrest Clubhouse — and we couldn't be more excited.

Coffee Connection remains one of our favorite events — a relaxed morning where neighbors catch up, new friendships are formed, and our Mayfair community truly shines. For 65 years, community has been at the heart of everything we do, and this is a perfect reminder of why.

Starting in August, we will meet the second Wednesday of each month. See you on August 12th @ 9:30AM in the Hillcrest Clubhouse!

MAYFAIR BOOK CLUB

Thursday, August 6th - 7PM Putnam Village Clubhouse

Join us at our next Book Club meeting where we'll discuss *The Door-To-Door Bookstore* by Carsten Henn.

Please call the office to let us know if you are joining us, only if it is your first time attending.

NETWORK WITH YOUR NEIGHBORS

*We are paying a \$500 referral fee for sending a qualified renter to Mayfair. The referral fee will be credited to your rent the month after the new resident moves in. Please be sure to remind your friend or family member to let us know you referred them when they call.

*Just a reminder that social events are always final sales. No refunds are issued, unless the event is cancelled.

**Save the Date* -The Notebook @ PPAC on Sunday, February 14th & Parker's Maple Barn day trip, March 24th

*Just a friendly reminder that we love capturing the memories made at our social events through photos and video! If you prefer not to be included, please don't hesitate to let us know at the event and we will be happy to accommodate you.

*As a reminder, all Mayfair properties are **SMOKE & VAPE FREE**. This applies to the buildings as well as the grounds.